

# Orlando Metro Gymnastics Class Schedule - Lake Mary

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**Afterschool Pick Up**  
\$85/ week

Includes the first open gym of the month & 1 recreational class per week!

**Mom & Me Walking—2 yrs.**

Sat 10:00—10:55

**Tots**  
2 1/2—3 yrs.  
*\*by invitation only*

Wed 4:30-5:25

**Preschool 3-4 yrs. Old**

Mon 4:30—5:25  
5:30—6:25  
6:30—7:25

Tues 3:30—4:25  
4:30—5:25  
5:30—6:25

Wed 3:30—4:25  
5:30—6:25

Thurs 4:30—5:25  
5:30—6:25  
6:30—7:25

Sat 9:00—9:55  
10:00-10:55

**Beginners Girls 5-7 yrs.**

Mon 4:30—5:25  
5:30—6:25  
6:30—7:25

Tues 3:30—4:25  
4:30—5:25  
5:30—6:25

Wed 3:30—4:25  
4:30—5:25  
5:30—6:25

Thurs 4:30—5:25  
5:30—6:25

Fri 3:30—4:25  
4:30—5:25

Sat 9:00—9:55  
10:00—10:55

**Intermediate Girls 5-7 yrs.**

Mon 4:30—5:25  
Wed 4:30—5:25  
Thurs 4:30—5:25  
Fri 5:30—6:25  
Sat 9:00—9:55

**Girls GymStars**

Monday and Wednesday 6:30pm—8:30pm  
\$235.00 per month

GymStars is our In-House competition group.  
Uniform required.

Schedule a Trial!

Check out the best Birthday Parties in town! Information available at the front office.



**Beginner Girls 8-17**

Mon 4:30—5:25  
5:30—6:25  
6:30—7:25

Tues 3:30—4:25  
4:30—5:25  
5:30—6:25

Wed 4:30—5:25  
5:30—6:25

Thurs 3:30—4:25  
5:30—6:25

Fri 3:30—4:25  
4:30—5:25  
5:30—6:25

Sat 9:00—9:55  
10:00—10:55

**Intermediate Girls 8-17**

Mon 4:30—5:25  
5:30—6:25

Wed 5:30—6:25

Thurs 4:30—5:25  
Fri 5:30—6:25  
Sat 10:00—10:55

**Junior Tumbling 5-7 yrs.**

Tue 4:30—5:25  
Wed 4:30—5:25

**Beginner Tumbling 8-17**

Tue 5:30—6:25  
Wed 5:30—6:25  
Thurs 4:30—5:25

**Intermediate Tumbling 8-17**

Tues 6:30—7:25  
Thurs 6:30—7:25

**Cheer Tumble**  
Mon 4:30—5:25

**85 Minute Class**  
Recreational beginner girls  
\$125.00 monthly  
8 & up

Thurs 4:00—5:25

**Fitnastics 5 & up**

Mon 5:30—6:55

**Beginner Boys 5-7 yrs.**

Mon 3:30—4:25  
5:30—5:25

Tues 5:30—6:25

Thurs 4:30—5:25

**Beginner Boys 8-17**

Mon 4:30—5:25  
Tues 4:30—5:25

**Competitive Team Programs**

*\*Evaluation Required*

**Girls Junior Preteam**  
Tuesday  
3:30pm—4:25pm

**Girls Preteam**  
Tuesday and Friday  
4:30pm—6:30pm

**Girls Competitive**  
Levels 1-10  
Girls Xcel

*\*see office for information*

**Registration & Tuition Fees**

**Annual Registration Fees**  
1st Child \$50.00  
Additional Child(ren) \$25.00

**MONTHLY TUITION FEES**  
Preschool/Rec \$110.00  
TWICE A WEEK/3 TIMES A WEEK  
Preschool/Rec \$175.00 / \$230.00

\$5 Sibling discount on monthly tuition fee

**Ongoing Monthly Events**

**Preschool Open Gym (Ages Walking-4yrs)**  
Fridays 11:00am—12:00pm  
\$10.00 Enrolled/\$15.00 Non-Enrolled  
Available During School Year Only

**Open Gym (Ages 4 & Up)**  
Three Fridays a month 6:30pm—8:00pm  
\$12.00 Enrolled/\$17.00 Non-Enrolled

**Parents Night Out (Ages 4-17)**  
One Friday a month (AP, LB, LM, SC)  
One Saturday a month (BP Only)  
6:30pm—9:30 pm  
\$30.00 Enrolled/\$35.00 Non-Enrolled

**Funday Sunday (Ages Walking & Up) (LM & SC)**  
One Sunday a Month 2:30pm-4:00pm  
\$15.00 Enrolled/Non-Enrolled

**Tumble Work Shop (Ages 5 & UP)**  
Quarterly 12:00 pm—1:30 pm  
\$30.00 Enrolled/\$35.00 Non-Enrolled

**Movie in the Gym (Ages 4-17) (BP Only)**  
One Saturday a month 7:00pm—9:45pm  
\$25.00 Enrolled/\$30.00 Non-Enrolled

**Adult Open Gym**  
Friday 6:30pm—8:30pm (LB Only)  
\$25.00 a session/ \$175.00 for 8 sessions

**Orlando Metro Gymnastics Lake Mary**  
1180 Emma Oaks Trail  
Lake Mary, FL 32746  
Ph: 407-333-0907

Facebook YouTube Instagram

Updated 1/1/2026

