



Sanction Event
January 23-26, 2025

Event Coordinator: Carol Goodrich (407) 246-1200 email: carol.goodrich@orlandometrogyms.com

Meet Director: Karen Kerr (813) 294-8503 email: sanddollarinvite@aol.com

Competition: Women's Level 1 – 10 (including XCEL); Men's Level 3 – Elite

Coach's Hospitality: Open throughout the competition

Location: *ESPN Wide World of Sports Complex; 700 S. Victory Way, Kissimmee, FL 34747*
Advent Health Arena

Entry Fee: \$225.00-women's L 6-10/Open, Xcel Gold, Platinum and Diamond
(Meet fee waived for current National Team members)
\$195.00- women's L 1-5 & Xcel Bronze and Silver
\$195.00-men's L 3-L10/Open

Late Fee: \$25.00 per gymnast

Entry Deadline: November 15, 2024; Make Check payable to Orlando Metro Gymnastics and mail to:
Karen Kerr, 3103 Thackery Ct., Plant City, FL 33566

Cancellation Deadline: November 28, 2024 (Minus \$25.00/gymnast administration fee through 11/28/24).
No refunds **for any reason** after 11/28/24.

Level Change Deadline: November 28, 2024

Schedule: Will be posted December 15, 2024 on Orlando Metro Gymnastics website

Equipment: AAI; Vault – Women's- AAI TAC/10; Boys- AAI Suede.

Format: Non-traditional or Modified Capital Cup.

Schedule: Thursday through Sunday 8AM - 10PM.

Awards: Individual awards per event & AA presented at the conclusion of each session.
Three age divisions per level based on birth date ranges presented to ½ of age group.
Award is presented for highest AA per level for all levels/divisions with 50 athletes or more per level/division:
Award for highest AA per level for men.
Award for highest AA per level for women's levels 1-5 & per division for XCEL.
Award for highest AA per level & age division for women's levels 6 -10.
Men's Team Awards presented per level.
Women's Team awards presented per level and per division for XCEL.

Admission: TBD
Competitors will not be charged for attending additional sessions

Meet Results: Results of the competition will be posted online at www.orlandometrogyms.com and
www.meetscoresonline.com

Hotels: Link website: www.orlandometrogyms.com

Parking: Free parking available.