



March 7—March 9, 2025

Location:	Double Tree by Hilton Hotel at the Entrance to Universal Orlando 5780 Major Blvd, Orlando, FL 32819
Competition:	USAG Level 1 – 10/Open and Xcel Xcel Bronze, Silver, Gold, Platinum, Diamond, & Sapphire
Entry Fee:	Compulsory (L1 – L5) & Xcel (Bronze & Silver):\$135.00 Optional (L6 – L10/Open): \$165.00 Xcel (Gold, Platinum, Diamond and Sapphire): \$165.00 Team: \$75.00 (Top three score)
Entry Deadline:	January 8, 2025 Please do not wait for the deadline to ensure availability.
Cancellation/Level Change Deadline :	January 8, 2025, No refunds for any reason after 01/08/2025. Minus \$25.00/gymnast administration fee before 01/08/2025.
Hospitality:	Available for coaching staff
Equipment/Format:	AAI; Modified Capital Cup
Schedule:	Schedule will be available February 5, 2025 www.orlandometrogyms.com
Competition Times:	Friday, 8:00 am – 10:00 pm Saturday, 8:00 am – 10:00 pm Sunday, 8:00 am – 10:00 pm
Scholarship Award:	<u><i>Bell/Sanborn Todd Scholarship Award \$2,000.00</i></u> Level 10 Senior Competing in COL and recommended by a coach explaining how she has overcome difficulties to compete.
Awards:	Individual awards per event & AA presented at the conclusion of each session. Three age divisions per level based on birth date ranges.
Team Awards:	Top three scores per level
Host Hotels:	See Hotel flyer posted online: www.orlandometrogyms.com
Meet Results:	Posted online: www.orlandometrogyms.com
Event Coordinator:	Carol Goodrich—816-813-2743; Carol.Goodrich@orlandometrogyms.com
Meet Director:	Karen Kerr – 813-294-8503; kljkerr@aol.com