



February 9 - 11, 2024

- Location:** Double Tree by Hilton Hotel at the Entrance to Universal Orlando
5780 Major Blvd, Orlando, FL 32819
- Competition:** USAG Level 1 – 10/open,
Xcel Bronze, Silver, Gold, Platinum, Diamond, & Sapphire
- Entry Fee:** Compulsory (L1 – L5) & Xcel (Bronze & Silver):\$125.00;
Optional (L6 – L10/open): \$150.00
Xcel (Gold, Platinum, Diamond and Sapphire): \$150.00
Team: \$75.00 (Top three score)
- Entry Deadline:** December 8, 2023
Please do not wait for the deadline to ensure availability.
- Cancellation/Level Change Deadline :** December 22, 2023, No refunds for any reason after 12/22/23.
Minus \$25.00/gymnast administration fee before 12/22/23.
- Hospitality:** Available for coaching staff
- Equipment/Format:** AAI; Modified Capital Cup
- Schedule:** Schedule will be available January 15, 2024
www.orlandometrogyms.com
- Competition Times:** Friday, 8:00 am – 10:00 pm
Saturday, 8:00 am – 10:00 pm
Sunday, 8:00 am – 10:00 pm
- Scholarship Award:** Bell/Sanborn Todd Scholarship Award \$2,000.00
Senior Competing in COL and recommended by a coach explaining how she has overcome difficulties to compete.
- Awards:** Individual awards per event & AA presented at the conclusion of each session. Three age divisions per level based on birth date ranges.
- Team Awards:** Top three scores per level
- Host Hotels:** See Hotel flyer posted online: www.orlandometrogyms.com
- Meet Results:** Posted online: www.orlandometrogyms.com
- Event Coordinator:** Petrice Sinclair – 407-451-5920; perice.sinclair@orlandometrogyms.com
- Meet Director:** Karen Kerr – 813-294-8503; kjkerr@aol.com