

# Orlando Metro Gymnastics Class Schedule - Lake Mary

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**After School Pick Up**  
\$75/ week  
Includes the first open gym of the month & 1 recreational class per week!

**Junior PreTeam**  
3-4 yrs.  
Tuesday & Thursday  
4:30-5:30  
\$147 per month

**Tiny Cheer Team**  
3-6 yrs.  
Monday & Wednesday  
4:00-5:00  
\*See office for information

**Mom & Me**  
Walking—2 yrs.  
Sat 10:00—10:55

**TOTS**  
2 1/2 yrs.  
\*by invitation only  
Wed 4:30-5:25

**Preschool**  
3-4 yrs. Old

Mon 3:30—4:25  
4:30—5:25  
5:30—6:25

Tues 3:30—4:25  
5:30—6:25  
6:30—7:25

Wed 3:30—4:25  
5:30—6:25

Thurs 5:30—6:25  
6:30—7:25

Sat 9:00—9:55

**Beginners Girls**  
5-7 yrs.

Mon 3:30—4:25  
4:30—5:25  
5:30—6:25

Tues 3:30—4:25  
4:30—5:25  
5:30—6:25

Wed 3:30—4:25  
4:30—5:25  
5:30—6:25

Thurs 3:30—4:25  
4:30—5:25  
5:30—6:25

Sat 9:00—9:55

**Intermediate Girls**  
5-7 yrs.

Tues 4:30—5:25  
Wed 4:30—5:25

**Girls GymStars**

Tuesday and Thursday  
5:30pm—7:30pm  
\$175.00 per month

GymStars is an In-House competition group that competes 3 meets a year at one of our locations.

Schedule a Trial!



Est. 1992

**Beginner Girls**  
8 & Up

Mon 4:30—5:25  
Tues 3:30—4:25  
5:30—6:25

Wed 4:30—5:25  
Thurs 3:30—4:25  
5:30—6:25

Sat 9:00—9:55  
10:00—10:55

**Intermediate Girls**  
8 & Up

Wed 5:30—6:25  
Thurs 4:30—5:25  
Sat 10:00—10:55

**Junior Tumbling**  
5-8 yrs.

Wed 3:30—4:25

**Beginner Tumbling**  
8 & up

Wed 5:30—6:25

**Intermediate Tumbling**  
9 & up

Tues 6:30—7:25  
Thurs 6:30—7:25

**Cheer Tumble**  
Mon 4:30—5:25

Check out the best Birthday Parties in town! Information available at the front office.

**85 Minute Class**  
Recreational beginner girls  
\$97.00 monthly

Thurs 4:00—5:25

**Adult Open Gym**  
Fridays  
6:00pm—8:00pm  
\$15.00

**Fitness**  
Mon 5:30—7:00

**Beginner Boys**  
5-7 yrs.

Mon 3:30-4:25  
Tues 5:30—6:25

**Beginner Boys**  
8-17 yrs.

Tues 4:30—5:25

**Competitive Team Programs**  
\*by invitation only

**Girls PreTeam**  
Tuesday and Thursday  
5:30pm—7:30pm  
\$190.00 per month

**Girls Competitive**  
Levels 1-10  
Girls Xcel

**Cheer Team**  
Monday & Wednesday  
5:30—8:00  
\*See office for information

**Registration & Tuition Fees**

**Annual Registration Fees**  
1st Child \$40.00  
Additional Child(ren) \$20.00

**Monthly Tuition Fees**  
1st \$87.00  
Girls GymStars \$175.00

**TWICE A WEEK/3 TIMES A WEEK**  
Preschool/Rec \$147.00/ \$197.00

\$5 Sibling discount on monthly tuition fee

Cash, Check, MC, Visa, & Discover Accepted

**Ongoing Monthly Events**

**Preschool Open Gym** (Ages Walking-4yrs)  
Fridays 11:00am—12:00pm  
\$7 Active Members/\$12 Inactive & NonMembers

**Open Gym** (Ages 4 & Up)  
Three Fridays a month 6:30pm—8:00pm  
\$9 Active Members/\$14 Inactive & NonMembers

**Parents Night Out** (Ages 4-17)  
One Friday a month/ 6:30pm—9:30 pm  
\$20 Active Members/\$25 Inactive & NonMembers

**Funday Sunday** (Ages Walking & Up)  
One Sunday of the Month/ 2:30pm-4:00pm  
\$12.00 Member/NonMember

**Tumble Work Shop** (Ages 5 & UP)  
Quarterly / 12:00 pm—1:30 pm  
\$25 Active Members/\$30 Inactive & NonMembers

**Movie in the Gym** (Ages 4-17) \*Baldwin Park Only\*  
One Saturday a month/ 7:00pm—9:45pm  
\$15 Active Members/\$20 Inactive & NonMembers

**Adult Open Gym**  
Monday 7:30pm -9:30pm \*LB McLeod Only\*  
Friday 6:00pm -8:00pm \*Lake Mary Only\*  
\$15 a session/ \$100 for 8 sessions

**Orlando Metro Gymnastics**  
**Lake Mary**  
1180 Emma Oaks Trail  
Lake Mary, FL 32746  
Ph: 407-333-0907    Fax: 407-444-9009