

# Orlando Metro Gymnastics Avalon Park Class Schedule

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**After School Program**  
2020/2021  
\$75.00 per week  
Includes gym activities, 2 recreational classes per week!

**Mom & Me Walking—2 yrs.**  
Friday 10:00-10:55  
Sat 9:00—9:55

**Preschool 3-4 yrs. old**  
Tues 5:30— 6:25  
Wed 4:30— 5:25  
Thurs 5:30— 6:25  
Fri 9:00 — 9:55  
Sat 9:00— 9:55  
10:00— 10:55

**PRESCHOOL OPEN GYM SCHEDULE**  
Walking—4 years old  
FRI. 11:00—11:55  
Active Members/\$7..00  
Non Members \$12.00

**FITNASTICS Conditioning & Gymnastics**  
Girls & Boys 5 & Up  
Friday 4:30—5:30pm

REVISED 4/20/21

**Beginners Girls 5-7 yrs.**  
Mon 3:30—4:25  
4:30—5:25  
5:30—6:25  
Tues 4:30—5:25  
5:30—6:25  
Wed 3:30—4:25  
4:30—5:25  
6:30—7:25  
Thurs 5:30—6:25  
6:30— 7:25

Fri 3:30—4:25  
Sat 9:00—9:55  
10:00—10:55

**Tots Class 2 1/2—3 Years**  
Tues 3:30—4:25  
By Invitation Only

**85 MINUTE GYMNASTICS CLASS**  
Ages 8 & Up  
Mon 4:30—6:00pm  
\$95.00

**Girls GymStars**  
Mon & Thurs.  
6:30pm—8:30pm  
\$170.00 per month  
Gym Stars is an In-House competition group that is **REQUIRED** to compete 3 In-House meets a year for an additional fee.  
Uniform required and is an additional fee.  
Schedule a Trial!

**Beginner Girls 8 & Up**  
Mon 5:30—6:25  
Tues 6:30—7:25  
Wed 5:30—6:25  
6:30—7:25  
Thurs 4:30—5:25  
6:30—7:25  
Fri 4:30—5:25  
Sat 10:00—10:55  
11:00—11:55

**Intermediate Girls 5-7 years old**  
Tues., 3:30—4:25

**Intermediate Girls 8 & Up**  
Tues 6:30—7:25  
Wed 5:30—6:25  
Fri 5:30—6:25

**Jr Tumbling 5-8 Years Old**  
Tues 4:30—5:25  
Wed 4:30—5:25

**Beg Tumbling 9 & Up**  
Tues. 3:30—4:25  
7:30—8:25

**Int Tumbling 9 & Up**  
Tues., 7:30—8:25  
Must have back handspring/back tuck without spot.

**Make Up Policy**  
2 missed classes equals 1 make up class.  
See office to schedule make up.

**Girls Jr. Preteam**  
Thurs., 5:30—6:25  
4 years old  
\$85.00  
**Girls Preteam 5—7 years old**  
Monday & Wednesday  
3:30—5:30pm  
\$185.00  
**Girls Preteam 8—10 years old**  
Monday & Thursday  
3:30—5:30  
\$185.00

**Team Programs**  
**Girls Competitive Teams Levels 1—10**  
**Girls Xcel Teams**  
*\*By Invitation Only*  
*See office for details.*

**BEGINNER BOYS 5-7 Years Old**  
Tuesday 4:30—5:25  
Saturday 11:00—11:55

**BEGINNER ADV. BOYS**  
Tuesday 4:30—5:25pm  
By Invitation Only

**BEGINNER BOYS 8-17 Years Old**  
Thursday 4:30—5:25

**BIRTHDAY PARTIES**  
Best Party In Town  
Saturday or Sunday  
12:30, 2:30 or 4:30



**Registration & Tuition Fees**  
**Annual Registration Fees**  
**1st Child \$40.00**  
**Each add. \$20.00**  
**Monthly Tuition Fees**  
1st Each Add  
Preschool/Rec \$ 85.00 \$ 80.00  
Girls Gym Stars \$170.00 \$165.00  
**TWICE A WEEK/MONTHLY FEE**  
Preschool/Rec \$145.00 \$140.00  
**THREE TIMES WEEK/MONTHLY**  
Preschool/Rec \$195.00 \$190.00  
**Cash, Check, MC, Visa, & Discover**

**Ongoing Monthly Events**  
**Open Gym:**  
Ages walking-4yrs  
Fridays 11:00am—12:00pm  
\$7.00 Active Members/  
\$12 In-Active & Non-Members  
**Rec. Open Gym: Ages 5 & Up**  
1st, 2nd, 4th Fridays of each month.  
See Office For Details  
\$9 Active/ Members/  
\$14 InActive & NonMembers  
**Parents Night Out (age 4-17)**  
3rd Friday Of Each Month  
See front desk for details  
6:30pm—9:30 pm  
\$20Active Members/\$25 Inactive & Non Members

**Orlando Metro Gymnastics, Inc.**  
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