

# 2021 Sand Dollar/Whitlow Invitational

## Schedule

This is the schedule for the 2021 Sand Dollar/Whitlow Invitational. Although the session start times may change, the session assignments or days will not. Please check the web site ([www.egoboosters.org](http://www.egoboosters.org)) prior to leaving for Orlando for the final session start times. **Requests to change sessions at this point cannot be honored.** We will have 3 gyms running simultaneously. Gyms A, B, & C.

### GYM C – Modified Traditional

#### Friday, January 22, 2021

##### Session 1 – Men's Level 4

8:00 AM: General Stretch

8:15 AM: Timed Warm/Competition

10:45 AM: Awards

##### Participating Gyms:

Bozhi's	Miracle
Elite - FL	Orlando Metro
FGTC	Park Avenue
Golden City	South Miami
International Gold	Tumblebees Jupiter

##### Level 4 Team Awards

##### Session 2 – Men's Level 5

11:15 AM: General Stretch

11:35 AM: Timed Warm/Competition

2:15 PM: Awards

##### Participating Gyms:

Elite - FL	International Gold
FGTC	Orlando Metro
Golden City	South Miami
Gymnastix	Tumblebees Jupiter

##### Level 5 Team Awards

##### Session 3 – Men's Level 6/7/8

2:45 PM: General Stretch

3:05 PM: Timed Warm/Competition

5:45 PM: Awards

##### Participating Gyms:

Bozhi's	Orlando Metro
Elite - FL	Park Avenue
FGTC	South Miami
Golden City	Southern Starz
Gymnastix	Tumblebees Jupiter

##### Level 6 Team Awards

##### Session 4 – Men's Level 9/10/JD

6:15 PM: General Stretch

6:35 PM: Timed Warm/Competition

9:45 PM: Awards

##### Participating Gyms:

Bozhi's	Orlando Metro
Elite - FL	Park Avenue
FGTC	Tumblebees Jupiter
Gymnastix	

##### Level 9 & 10 Team Awards

#### Saturday, January 23, 2021

##### Session 5– Women's Level 8

8:00 AM: General Stretch

8:20 AM: Timed Warm/Competition

11:00 AM: Awards

##### Participating Gyms:

Alabama Starz	RAD
First Coast	Sonshine
International Gold	Tumblebees Jupiter
LaFleur's	

##### Session 6 – Women's Level 8

11:30 AM: General Stretch

11:50 AM: Timed Warm/Competition

2:30 PM: Awards

##### Participating Gyms:

360	North Shore
C & C	Sonshine
Capital	Zanesville
Florida Elite	

##### Session 7 – Women's Level 8

3:00 PM: General Stretch

3:20 PM: Timed Warm/Competition

6:00 PM: Awards

##### Participating Gyms:

Believe	Lakewood Ranch
BIO	Michigan Academy
Elite - FL	Orlando
GAGE	

##### Session 8 – Women's Level 8

6:30 PM: General Stretch

6:50 PM: Timed Warm/Competition

9:30 PM: Awards

##### Participating Gyms:

Aurelian	JamJev
Bozhi's	Michigan Elite
EVO	Starlight
High Point	

##### Level 8 Team Awards