

2021 Sand Dollar/Whitlow Invitational

Schedule

This is the schedule for the 2021 Sand Dollar/Whitlow Invitational. Although the session start times may change, the session assignments or days will not. Please check the web site (www.egoboosters.org) prior to leaving for Orlando for the final session start times. **Requests to change sessions at this point cannot be honored.** We will have 3 gyms running simultaneously. Gyms A, B, & C.

GYM A– Modified Capital Cup

Friday, January 22, 2021

Session 1 – Women’s Level 7

8:00 AM: General Stretch
8:20 AM: Timed Warm/Competition
11:00 AM: Awards

Participating Gyms:

Alabama Starz	High Point
Aurelian	North Shore
Christi’s	Sonshine
Elite - FL	Summit
First Coast	TGR
Florida Elite	Zanesville
Golden City	

Session 2 – Women’s Level 7

11:30 AM: General Stretch
11:50 AM: Timed Warm/Competition
2:30 PM: Awards

Participating Gyms:

Angel’s	JamJev
C & C	LaFleur’s
Capital	RAD
EVO	Starlight
Genie’s	West GA.

Session 3 – Women’s Level 7/9

3:00 PM: General Stretch
3:20 PM: Timed Warm/Competition
6:15 PM: Awards

Participating Gyms:

Angel’s (L9)	Orlando (L9)
BIO (L7/9)	Orlando Metro (L7)
Bozhi’s (L7/9)	RAD (L9)
FGTC (L7/9)	Southern Starz (L7)
Genie’s (L9)	Tumblebees Miami (L7)
High Point (L9)	Victory Elite (L7)
Lakewood Ranch (L7)	Zanesville (L9)
North Shore (L9)	

Level 7 Team Awards

Session 4 – Women’s Level 9

6:45 PM: General Stretch
6:50 PM: Timed Warm/Competition
10:00 PM: Awards

Participating Gyms:

Alabama Starz	Roswell
Aurelian	Sonshine
Believe	Starlight
Capital	Summit
Florida Elite	Tumblebees Jupiter
Golden City	Tumblebees Miami

Saturday, January 23, 2021

Session 5 – Women’s Level 9

8:00 AM: General Stretch
8:20 AM: Timed Warm/Competition
11:00 AM: Awards

Participating Gyms:

360	Lakewood Ranch
C & C	Michigan Acad.
Elite – FL	Michigan Elite
EVO	Orlando Metro
GAGE	TGR
JamJev	

Level 9 Team Awards

Session 6 – Women’s Level 10/Open

11:30 AM: General Stretch
11:50 AM: Timed Warm/Competition
2:30 PM: Awards

Participating Gyms:

All American	Lakewood Ranch
Believe	Michigan Acad.
BIO	Orlando
Elite – FL	RAD
FGTC	Roswell
Genie’s	Southern Starz
Golden City	Starlight
High Point	Tumblebees Miami
International Gold	

Session 7 – Women’s Level 10/Open

3:00 PM: General Stretch
3:20 PM: Timed Warm/Competition
6:00 PM: Awards

Participating Gyms:

American Twisters (10)	Michigan Elite
C & C	North Shore
Capital	Sonshine (6)
EVO	Summit
First State	West GA
JamJev	Zanesville
LaFleur’s (4)	

Session 8 – Women’s Level 10/Open - Premier

6:30 PM: General Stretch
6:50 PM: Timed Warm/Competition
10:00 PM: Awards

Participating Gyms:

American Twisters (8)	LaFleur’s (8)
First State	Orlando Metro
Florida Elite	Sonshine
GAGE	Southeastern

Level 10 Team Awards

Sunday, January 24, 2021

Session 9 – Women’s Level 8

8:00 AM: General Stretch
8:20 AM: Timed Warm/Competition
11:00 AM: Awards

Participating Gyms:

FGTC	Southern Starz
Genie’s	Summit
Golden City	TGR
Orlando Metro	Tumblebees Miami

Level 8 Team Awards

Session 10 – Women’s Level 6

11:30 AM: General Stretch
11:50 AM: Timed Warm/Competition
2:15 PM: Awards

Participating Gyms:

Alabama Starz	JamJev
Capital	Lakewood Ranch
First Coast	North Shore
Genie’s	RAD
Golden City	T

Session 11 – Women’s Level 6

2:45 PM: General Stretch
3:05 AM: Timed Warm/Competition
5:30 PM: Awards

Participating Gyms:

Aurelian	Orlando
Bozhi’s	Starlight
EVO	West GA
LaFleur’s	Zanesville

Session 11 – Women’s Level 6

6:00 PM: General Stretch
6:20 AM: Timed Warm/Competition
8:45 PM: Awards

Participating Gyms:

Elite – FL	Southern Starz
Florida Elite	Summit
Golden City	TGR
North Port	Tumblebees Miami
Orlando Metro	

Level 6 Team Awards

12/28/2020