

# Orlando Metro Gymnastics Avalon Park Class Schedule

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**After School Pick Up**  
Registration Open  
for 2020/2021!  
\$40 Registration Fee  
\$75/ week  
Includes gym  
activities &  
2 recreational  
classes per week!

**Mom & Me**  
**Walking—2 yrs.**  
Friday 10:00-10:55  
Sat 9:00—9:55

**Preschool**  
**3-4 yrs. old**  
Tues 5:30— 6:25  
Wed 4:30— 5:25  
5:30— 6:25  
Thurs 5:30— 6:25  
Fri 9:00 — 9:55  
Sat 9:00— 9:55  
10:00— 10:55

**PRESCCHOOL**  
**OPEN GYM**  
**SCHEDULE**  
**Walking—4 years old**  
**FRI. 11:00—11:55**  
**Active Members/\$7..00**

**New Class**  
**FITNASTICS**  
**Girls & Boys 5 & Up**  
**Friday 4:30—5:30pm**  
**Gymnastics, Sports**  
**Skills, & More**

**Beginners Girls**  
**5-7 yrs.**  
Mon 3:30—4:25  
4:30—5:25  
5:30—6:25  
Tues 4:30—5:25  
5:30—6:25  
Wed 3:30—4:25  
4:30—5:25  
6:30—7:25

Thurs 5:30—6:25  
6:30— 7:25  
Fri 3:30—4:25  
Sat 9:00—9:55  
10:00—10:55  
11:00—11:55

**NEW CLASS**  
**85 MINUTE**  
**GYMNASTICS**  
**CLASS-Ages 8 & Up**  
**Advance through skills**  
**faster!**  
**SAT 11:00—12:25**  
**\$95.00**

**Girls GymStars**  
Mon & Thurs.  
6:30pm—8:30pm  
\$165.00 per month  
Gym Stars is an  
In-House competition  
group that is  
**REQUIRED** to  
compete 3 In-House  
meets a year for an  
additional fee.  
Uniform required for an  
additional fee.  
**Schedule a Trial!**

**Beginner Girls**  
**8 & Up**  
Mon 5:30—6:25  
Tues 6:30—7:25  
Wed 5:30—6:25  
6:30—7:25  
Thurs 4:30—5:25  
6:30—7:25  
Fri 4:30—5:25  
Sat 10:00—10:55

**Intermediate Girls**  
**5-7 years old**  
**Tues., 3:30—4:25**

**Intermediate Girls**  
**8 & Up**  
Mon 6:30—7:25  
Tues 6:30—7:25  
Wed 5:30—6:25  
Fri 5:30—6:25

**Jr Tumbling**  
**5-8 Years Old**  
Tues 4:30—5:25  
Wed 4:30—5:25

**Beg Tumbling**  
**9 & Up**  
Tues. 3:30—4:25  
7:30—8:25

**Int Tumbling**  
**9 & Up**  
**Tues., 7:30—8:25**  
Must have back hand-  
spring/back tuck  
without spot.

**After School Program**  
**Available**  
**We pick up at**  
**Bonneville, Camelot,**  
**Sunrise, Wedgefield K5-**  
**8th Grades and**  
**Waterford Lakes**

**Be sure to check out**  
**our website**  
**www.orlando**  
**metrogyms.com for**  
**upcoming day camps**  
**offered on school**  
**closings and**  
**holidays**

**Girls Jr. Preteam**  
**Thursday 5:30—6:25**  
**4 years old—\$80.00**

**Team Programs**  
**Girls Preteam**  
**Wednesday & Friday**  
**3:30—5:30pm**  
**\$180.00 per month**  
**Girls Competitive Team**  
**Levels 1—10**  
**Girls Xcel Team**  
**\*by invitation only**  
**See office for more**  
**information**

**Beginner Boys**  
**5-7 yrs.**  
**Tuesday 4:30—5:25**  
**Beginner Boys**  
**8-17 yrs.**  
**Thurs 4:30—5:25**

**BIRTHDAY PARTIES**  
**Best Party In Town**  
**Schedule your Birthday**  
**Parties Available**  
**Saturday or Sunday**  
**12:30, 2:30 or 4:30**



**Registration & Tuition Fees**  
**Annual Registration Fees**  
**1st Child \$40.00**  
**Each add. \$20.00**  
**Monthly Tuition Fees**  

	1st	Each Add
Preschool/Rec	\$ 80.00	\$75.00
Girls Gym Stars	\$165.00	\$160.00

  
**TWICE A WEEK/MONTHLY FEE**  
Preschool/Rec \$140.00 \$135.00  
**3 TIMES A WEEK/MONTHLY FEE**  
Preschool/Rec \$190.00 \$185.00  
**Cash, Check, MC, Visa, & Discover**

**Ongoing Monthly Events**  
**Preschool Open Gym:**  
**Ages walking-4yrs**  
**Fridays 11:00am—12:00pm**  
**\$7 Active Members/\$12 InActive &**  
**NonMember**  
**Rec. Open Gym: Ages 5 & Up**  
**3 Fridays each month. See Office**  
**\$7 Active Members/\$12 InActive &**  
**NonMembers**  
**Parents Night Out (age 4-17)**  
**One Friday A Month**  
**See front desk for details**  
**6:30pm—9:30 pm**  
**\$15 Active Members/\$20 Inactive &**  
**Non Members**

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